

SERVING THE AREAS SURROUNDING OUR SOUTH SACRAMENTO MEDICAL CENTER

Building Healthy Communities is Our Mission

Our approach to community health is more than traditional corporate citizenship or philanthropy. It's the way we partner, hire, purchase, invest, and build to make a positive economic, social and environmental impact on the health of our communities.



Kaiser Permanente South Sacramento employees volunteering at Fern Bacon Middle School.

2018 NUMBERS

\$110.1 M

Total community benefit investment

\$103.9 M

Charitable care and coverage*

\$1.8 M

Grants and donations*

\$96,922

Personal donations by South Sacramento employees through KPGives program

FOCUSING ON PRIORITY HEALTH NEEDS

Access to Care and Coverage

High quality, culturally and linguistically appropriate health care services in coordinated delivery systems.

Healthy Eating Active Living

Opportunities to eat better and move more as part of daily life in order to prevent and reduce the impact of chronic conditions.

Mental Health and Wellness

Social and emotional health and wellbeing, and access to high quality behavioral health care services when needed.

Community and Family Safety

Safe environments and support for individuals who are victims or at-risk of violence.

IMPROVING ACCESS TO CARE

- Community Service, Education, and Research Fund – SPIRIT Program
- Elk Grove Unified School District – EGUSD Teen Parent Program
- Sacramento Covered – Access to Care Project, Connect Sacramento - Capacity Building & Expansion
- Valley High School Health TECH Academy – CACHE Outreach Project Community Presentations
- WellSpace Health – Interim Care Program | T3 South Sacramento

INCREASING HEALTHY EATING AND ACTIVE LIVING (HEAL)

- Elk Grove Food Bank Services – Accessible & Nutritious Food Programs
- Food Literacy Center – Food Literacy for Low-Income Kids
- Fresher Sacramento – Fresher Oak Park
- Health Education Council – Neighborhood Cohesion Through HEAL (Walk With Friends 2.0)
- NeighborWorks HomeOwnership Center – Increasing Healthy Food and Activities at the Oak Park Farmers Market

IMPROVING MENTAL & BEHAVIORAL HEALTH

- Health Education Council – Don't Buy the Lie Smoking Cessation Program

- Parent/Teacher Home Visit Project, Inc. – Deepening Practice and Developing Capacity for Home Visits in Sacramento
- Sacramento City Unified School District – Connect Center: Access to Mental Health Care & Support Services | Mental Health Awareness & Stigma Reduction Pilot
- TLCS, Inc. – Co-occurring Substance Use Recovery Program

COMMUNITY AND FAMILY SAFETY

- Always Knocking – Multicomponent Health Care System Level Intervention and Prevention Program
- Anti-Recidivism Coalition – ARC Sacramento Counseling Services
- Child Abuse Prevention Council – Unite4Kids: Child Abuse Awareness Campaign
- City Year – Whole School, Whole Child Project at Fern Bacon Middle School
- Community Against Sexual Harm – Safe Women
- My Sister's House – Creating a New Paradigm of Safe and Healthy Relationships
- Safe Passages – Advance Peace Sacramento
- The Environmental Justice Coalition for Water – Morrison Creek Revitalization Project (MCRP)
- WEAVE – Temporary Housing for Domestic Violence Survivors | Legal Assistance Program for Domestic Violence Victims
- WellSpace Health – Sacramento Violence Intervention Program

Examples of the Difference We Make

EXPANDED INTERIM CARE PROGRAM (ICP)



This innovative program provides lay-in respite care shelter for post-hospitalization patients who are homeless. ICP provides shelter, food, restorative rest, health care coordination and case management services,

in a unique partnership between the health systems, government entities and FQHC partners. In 2018 KP NCAL co-funded an expansion of the ICP with the other three health systems to grow the program to 75 recuperative beds; an investment of \$3.3 million over three years.

STUDENT MENTAL HEALTH & TRAUMA-INFORMED STAFF TRAINING



Through a combination of local and regional community benefit grants, Sacramento City USD and Elk Grove USD launched several new mental health awareness programs focused on LGBTQ students and students with a history of trauma. Elk Grove USD

established new Gay-Straight Alliance clubs and provided awareness training for staff and students. Sacramento City USD is spreading trauma-informed practices among their support services staff and will incorporate a new online suicide prevention curriculum that will be used by middle and high-school students and teachers.